Diabetes Self-Management Education

Insurance Coverage

**Will your insurance pay for Diabetes Self-Management Education?** All insurances are different - you will need to contact your insurance provider and ask if Diabetes Self-Management Education is covered by your plan.

**Information you may need to inquire about coverage:**

Taylorville Memorial Hospital is Nationally Accredited by the American Association of Diabetes Educators (AADE).

Coverage may depend on the "diagnosis code(s)" your physician provided on the order.

In the State of Illinois, all insurance companies must provide a benefit for DSME but the amount of coverage or co-pay requirements are not regulated.

Some insurances will pay only for the diagnosis of diabetes or pre-diabetes. Some insurances will pay only if the "service provided" on the order is listed as "DSME"…some will pay only if it is listed at "Preventative Health Benefit" or "Wellness Benefit" or "Annual Check-up Benefit" or something similar. **PLEASE ASK - every insurance provider is different.**

Ask what specific diagnosis codes or complications are paid for (gastroparesis, etc.) and write down any that you have.

Ask for details about your benefit/coverage. For example, your insurance provider may pay for two, two-hour visits each year OR two hours total each year.

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**MEDICARE will pay for DSME for the diagnosis of diabetes.** The benefit includes 10 hours total during the first year the benefit is used and 2 hours each year afterwards.

Date of benefit is by rolling year, not calendar year. For example, if a new diabetes order for DSME is dated August 12th and only 8.5 hours is used by Dec. 31st, then the other 1.5 hours can be used up by August 11th of the next year. Then the next rolling year starts August 12th for 2 hours and a new order is needed.

**MEDICARE will pay for additional DSME with a new Dx or complication or new/increased medication (your physician will have to specify this on the order).**