LOCAL COMMUNITY DONORS GRATITUDE IMPROVE HEALTH INSPIRE PHILANTHROPY GENEROSITY STEWARDSHIP ACCESS TO CARE IMPACT CHRISTIAN COUNTY
You can invest in healthcare by making a tax-deductible donation to the Taylorville Memorial Hospital Foundation.

**By phone:** 217–707–5271
**Online:** TaylorvilleMemorial.org/Foundation
**Email:** TMHFoundation@mhsil.com
**By mail:** Taylorville Memorial Hospital Foundation 201 E. Pleasant St. Taylorville, IL 62568
Dear Friends,

As we close 2019, we look back at yet another year of improving the health of the people and communities we serve. Those efforts were possible only because of the community support given by donors, patients, volunteers, physicians and staff.

Taylorville Memorial Hospital provides high-quality, compassionate care to our friends and neighbors every day. We are proud in 2019 to have received the Illinois Health and Hospital Association Quality and Excellence Achievement Award. The TMH Foundation plays an integral part in this high-quality care by funding healthcare career educational grants, staff professional certifications, medical technology purchases and so much more.

But we know health is determined by more than clinical care. Eighty percent of our overall health is influenced by factors outside our hospital or the doctor’s office, including health behaviors, education, safety and our physical environment.

The TMH Foundation recognizes our responsibility to invest in meaningful opportunities to make health an opportunity for everyone. In these pages you will see the work of the TMH Foundation both inside and outside the hospital, including the results of meaningful community collaborations that are creating a healthier community for all.

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President and Chief 
Executive Officer  
Taylorville Memorial Hospital

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Chair, Board of Directors  
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Scott M. McClure  
Chair, Board of Directors  
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Raedena D. Ryan  
Executive Director,  
Taylorville Memorial Hospital Foundation
The following individuals, families and organizations preserved the mission of Taylorville Memorial Hospital through gifts delivered between Jan. 1, 2019, and Dec. 31, 2019.

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*Every effort has been made to ensure each donor is properly recognized. Please notify us of any error or omission.
Tribute Gifts

The TMH Foundation welcomes gifts of any amount to celebrate special occasions, honor exceptional healthcare or cherish special friends and family members. Donations may be unrestricted gifts or designated for a specific purpose. Prompt notification of the gift is delivered to the honoree or the family of the deceased.

In Honor of Kim Bourne
Christine Goldesberry-Curry
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A Friend of TMH

In Honor of Taylorville Memorial Hospital
William and Linda Ford

In Honor of Taylorville Memorial Hospital Care Management Team
Taylorville Care Center

In Honor of Taylorville Memorial Hospital Emergency Department
Rick and Marilee Doan

In Honor of Taylorville Memorial Hospital Health Information Management
Tom and Geri Kirkbride

In Honor of Taylorville Memorial Hospital Nursing Leaders
Tom and Geri Kirkbride

In Honor of Cassie Watson
Sue Goodin
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In Memory of Rosemary Alwardt
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In Memory of Marjorie Stull
Darren and Tracy Seaton

In Memory of Inez L. Torricelli
Jolene Matthews
The TMH Foundation is committed to helping TMH colleagues with their professional development goals by funding professional certification opportunities. Investment in the skills and competencies of our workforce is an investment in the health of our entire community.

Since 2016

19 colleagues have obtained professional certifications

$13,546 distributed in professional certification assistance

TMH Fall-Prevention Project Wins Top Award

In 2019, the TMH fall-prevention project “GoSteady” earned the Outstanding Achievement award in the small and rural hospital category from the Illinois Health and Hospital Association. This initiative partnered Taylorville Memorial Hospital with local assisted living center Hickory Estates to implement a program to reduce the number of injuries from falls by the elderly.

The goal was to eliminate falls within the community through education, screening and intervention. All Hickory Estates residents were screened over four months and follow-up screening interventions included physical and vestibular therapy, vision checkups, footwear modification and medication reviews.

This initiative resulted in a 67-percent reduction in falls by Hickory Estate residents.

As part of the project, Sharmila Gopalakrishnan, PT, received her professional certification in Tai Chi funded by the TMH Foundation.
Community Health Outreach:

St. Mary CATCHes On

St. Mary School became the second school in Christian County to incorporate the nationwide CATCH program.

CATCH stands for Coordinated Approach to Child Health, and it works to prevent childhood obesity and launch kids and communities toward healthier lifestyles. With 27 percent of children in Illinois ages 10-17 and nearly 39 percent of adults in Christian County classified as obese, it is imperative that education begins at a young age.

The TMH Foundation invested nearly $7,000 in the CATCH program at St. Mary, including physical education equipment, classroom curriculum, training and support. CATCH is now taught to the school’s students from preschool to sixth grade as well as the students in their aftercare program.

“We are thrilled to start this school year with the CATCH program,” said St. Mary School principal Cathy Robertson. “In everything we do, we aim for what is best for our kids. We know this will lead to long-term health for life.”

Implementation of the CATCH program grew out of the 2015 community health needs assessment conducted by Taylorville Memorial Hospital and the Christian County Health Department. Nonprofit hospitals must complete the assessment every three years as a requirement of the Affordable Care Act of 2010.

In 2018, VisionWay Christian School was the first school in Christian County to implement the program, in addition to the Christian County YMCA and Taylorville Park District after-school and summer camp programs.

MENTAL HEALTH FIRST AID

An invaluable training to help community members learn how to identify and respond to people showing signs of mental illness and substance abuse.

- 3 certified Mental Health First Aid trainers
- 9 total training classes
- 2 adult classes
- 7 youth classes
- 121 participants, including Kemmerer Village staff and Taylorville School District educators

STOP THE BLEED

This free community event provided education about how to handle life-threatening bleeding situations. The TMH Foundation provided a grant to purchase bleeding control kits participants could take home.

- 5 separate trainings
- 4 certified trainers
- 111 participants
- 35 Central A&M School District educators
New Pediatric Kits for the Taylorville Fire Department

When responding to emergency calls involving pediatric patients, the Taylorville Fire Department (TFD) can now use some of the same technology available at TMH.

In the summer of 2019, the TMH Foundation invested in four Curaplex Advance Life Support Pediatric kits for the fire department. These new kits have correctly sized equipment presorted into an appropriate pouch for ease of access and use. The size of the child determines which pouch they need to use. Previously, all pediatric medical equipment was in one bag, proving difficult to use in instances where time is of the essence.

“These kits eliminate a lot of the root causes for errors in a pediatric emergency scene,” said fire chief Matthew Adermann. “We are now able to prevent errors from an operational or logistical standpoint as well as reducing the amount of stress experienced at the scene.”

The $3,600 grant came from the Foundation’s community health outreach initiative to improve the health of the community outside of the hospital’s walls.

“In pediatric patients minor differences in care can have a major impact,” said Eli Heicher, director and chief nursing officer at TMH. “Continuity and consistency in equipment is a must. This ensures that we are providing the same standards in medication administration and more so when they are pediatric emergencies.”

TFD personnel have all been trained on the new equipment and have implemented the use of it on pediatric calls.

“Investing in the care children in our community receive is a grant our donors can feel good about,” said TMH Foundation executive director Raedena Ryan. “It is because of their generosity that we are able to partner with local providers and make a significant impact on our community.”

“These kits eliminate a lot of the root causes for errors in a pediatric emergency scene.”
Matthew Adermann,
TFD Fire Chief
Seventh-Annual Signature Event

On Dec. 7, the Foundation Signature Event fundraiser, “Gifts of the Season,” raised over $28,000.

The Signature Event raised over $28,000, acknowledged six scholarship and educational grant recipients who cumulatively received $57,000 and honored donors for their support of higher education. The evening also presented the opportunity to recognize the tremendous response efforts of TMH colleagues the night of the Dec. 1 tornado, which led to the cancellation of last year’s event.

Through the generosity of the sponsors listed, the TMH Foundation will continue to support the Healthcare Careers Educational Grant program at TMH, which provides the opportunity for students and other healthcare professionals to pursue their education and to return to our community once their education is completed.

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Senior Citizens of Christian County
Duane and Cindy Stock
Taylorville Care Center
Taylorville Dental—Dr. Timothy Hutson
Taylorville Estates Assisted Living

Save the Date

2020 Signature Event
6 p.m. | Saturday, Dec. 5, 2020
Pillars Event Center

Healthcare Careers Educational Grant Program

Thanks to the generosity of local donors, the TMH Foundation has awarded more than $50,000 to students pursuing healthcare degrees since 2018. After graduation these students are offered the opportunity to return to our community to build careers right here at Taylorville Memorial Hospital. This commitment to invest in the future workforce of TMH empowers students, enhances our talent pool and strengthens the future of our community. In 2019, the TMH Foundation awarded $25,000 in educational assistance to Kristin Stanton of Taylorville.

Applications for the Healthcare Careers Educational Grant program are available to any aspiring healthcare professional in our region looking to return to TMH with their talent and help serve our local healthcare needs. Awards range from $10,000 to $30,000 depending upon the degree being sought. Applications are due April 1 annually.
Investing In Education

John H. Butterfield Agriculture and Nutrition Scholarship
2019 recipient: Taylor Helenthal

Carolyn M. Butterfield Trust Nursing Scholarship
2019 recipient: Morgan Bangert

Dr. George Ferry Memorial Scholarship
2019 recipients: Elizabeth Curtin and Nick Livingston

Secret Santa Brings Comfort and Warmth to TMH

Nearing Christmas 2018, an anonymous donation was presented to the TMH Foundation with the restriction to use the contribution to benefit patients who utilize surgical services at TMH. Coincidentally, a new blanket warmer is just what the surgery department needed.

In 2019, a new warmer that holds 48 blankets was purchased and implemented for patient service through a medical technologies grant distributed from the TMH Foundation. Warm blankets help patients with the effects of anesthesia as well as calming anxiety.

“The blanket warmer allows us to provide a clean, warm blanket to patients and give them comfort,” said surgery manager Missy Keiser, RN. “Comfort care is just as valuable as medical care and these go a long way to create a great experience for patients and their loved ones.”

“Comfort care is just as valuable as medical care.”
Missy Keiser, RN, surgery manager
When the dizziness began, Ron Beck, 75, thought it was related to his recent surgery to remove a cancerous kidney. But when his head continued to feel “full,” his balance remained off and he couldn’t drive or even ride comfortably in a car, he knew something was wrong.

“My head was always bothering me,” Ron said. “I just wanted to get rid of this horrible feeling.”

His primary doctor referred him to balance therapy through vestibular rehab with Sonali Bhole, PT, senior physical therapist at Taylorville Memorial Hospital.

“Initially when Ron came in, I noticed he was holding on to his wife’s hand as he walked,” Sonali said. “He was very uncomfortable letting go of her hand, and he needed a wide base of support to keep his balance. He was looking down—unable to look around and scan his environment. He was someone very scared of walking, which is not uncommon.”

Sonali explained that watching her patients initially gives her clues about what she’s looking for. Once she had Ron go through some basic physical tests, she had him put on the vestibular goggles, which magnify the eyes and record eye movement. These goggles were purchased through a grant from the TMH Foundation Medical Technologies Fund.

“The eyes are the best window to the inner ear,” Sonali said. “There are three canals in each ear, and crystals are always present. They help send information to the brain about which way your head is tilted. When the crystals move within the canal fluid, the brain feels like the head is tilting, which can lead to feelings of swaying, spinning, dizziness.”

Within the first several therapy sessions, Ron experienced relief. Sonali was able to determine where the crystals had lodged within the canal and disintegrate them. He also continues to do his treatment exercises at home: standing and focusing on what’s ahead. He moves his head, with eyes closed, and maintains balance.

Today, he’s back behind the wheel and has regained his independence. Sonali noticed right away when he came in smiling and joking, independent of his wife’s support.

“I recommend therapy because it helped me, and it worked so quickly,” Ron said. “It was the most amazing thing. At the time, it was hard for us to believe it could work so quickly.”

“You don’t have to live with feeling dizzy,” Sonali added. “Or thinking it’s because of your age. It doesn’t matter how old you are, you can still help relieve dizziness.”

In 2019, Sonali received her professional certification in vestibular and concussion management thanks to an educational grant from the TMH Foundation professional certification program.
Foundation Board of Directors 2019

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Emeritus Members
William B. Hopper
George A. Westrick *
*deceased

Remembering George Westrick
Emeritus board member George Westrick passed away on Aug. 23, 2019. A longtime supporter, his impact on the Foundation and the community is immeasurable and we are grateful for his years of service.

Welcome New Board Members
D. Jane Davis
Shirley F. DeFraties
Matthew P. Hutchison
Loretta A. Kahle

Colleagues
Lisa Flynn,
Memorial Health System Director,
Foundation Finance

Christine Goldesberry-Curry,
Memorial Health System Director,
Strategic Finance

Melissa Thomas,
Foundation and Community Health Specialist

2019 GRANTS AWARDED

- **$24,592** Patient Care
- **$7,409** Medical Technology
- **$5,412** Employee Emergency and Recognition
- **$20,009** Community Health Outreach
- **$47,420** Education Grants
- **$104,842** Total Grants

2019 Community Update 13
Through nearly 69 years of partnership, TMH Auxiliary members have served as advocates for the work of the hospital and provided volunteer hours and gifts of support.

In 2019, the Auxiliary completed a $52,600 pledge to support the Rehab Garden and Courtyard Beautification Project and made a new commitment of $120,000 to support the TMH Foundation Medical Technologies Fund to purchase laboratory equipment.

“The Taylorville Memorial Hospital Auxiliary is a well-respected and highly regarded association that continues to strive for excellence,” TMH Auxiliary board president Jane Davis said.

To date, the TMH Auxiliary has donated $1.7 million, making them the TMH Foundation’s largest donor.

2019 TMH Auxiliary Board of Directors

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Gretta Siemers, First Vice President
Donna Castelli, Second Vice President
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Cheryl Sexton, Recording Secretary
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Sr. Angela Laquet, ASC
Annabelle Leighs
Kathy Morgan
Barb Payne
Pam Roseberry
Brenda Spurling
Rhonda Trost
Martha Zimmerman

AUXILIARY EVENTS

In 2019, the TMH Auxiliary hosted numerous events as part of their mission to support TMH through service to its patients and the community and to sponsor healthcare-related projects through fundraising efforts.

Men Who Cook: March 2, 2019
FORE! Golf Outing: May 17, 2019
Heart and Sole 5K Fun Run/Walk: Sept. 21, 2019

Holiday Extravaganza: Nov. 15 and 16, 2019
Babysitting Clinics, Blood Drives and Scholarships
TMH Auxiliary Donors and Sponsors

The following gifts were received between Jan. 1, 2019, and Dec. 31, 2019.

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A Classic Bouquet
ABC Supply
Ahlstrom Munksjö
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Alpha Phi Sorority
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Arpeggio Winery, LLC
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Josh Hill
Marty Horton
Debbie Johnson
Eric Kahle Insurance Agency, Inc.
Kain Chiropractic Clinic
Holly Krepé
Janece Landis
Langen Excavating
Joyce Langen
Julie Lilly
Lowe Hardware
M & D Forbes, Inc.
M. Davis Management Co., Inc.
M.J. Kellner Co.
Maureen Maple
Mike Mayer
Mary McCarthy
McClure Funeral Home and Cremation Services
Megan Dain Weddings and Events
Laurie Mense
Miles of Smiles, Ltd.
Randy Mitchelson
Kathy Moore
Kathy Morgan
Morrisonville Farmer’s Co-op
Morrisonville Lumber
Becky Morrow
Jennifer Norbeck
Louise Noren
Northside Veterinary Clinic, PC
Oak Terrace Resort & Spa
Pam Peabody
People’s Bank and Trust
Pepsi
Evan Peters
Prairie Center Again Sexual Assault
Amy Puzey
Mary Raab
Rosati’s Pizza
Trudy Schmedeke
Greta Siemens
Sloan Furniture
Lauri Smalley
Southern Ledge
Taylorville Memorial Hospital Administration
Taylorville Memorial Hospital Acute Care
Taylorville Memorial Hospital Auxiliary
Taylorville Memorial Hospital Auxiliary Quilters
Taylorville Memorial Hospital Business Office
Taylorville Memorial Education
Taylorville Memorial Hospital Foundation
Taylorville Memorial Hospital Gift Shop
Taylorville Memorial Hospital Health Information Management
Taylorville Memorial Hospital Human Resources
Taylorville Memorial Hospital Insurance Verification
Taylorville Memorial Hospital Laboratory
Taylorville Memorial Hospital Pastoral Care
Taylorville Memorial Hospital Senior Life Solutions
Taylorville Memorial Hospital Surgery
Taylorville Memorial Hospital Volunteer Services
Dave and Rhonda Trost
Upper Cut Salon
Uptown Café
Jan Vaughan
Marilyn Voggetzer
Pam Whitaker
Adam Winchester
Wright Furniture
Martha Zimmerman

Community Members Make TMH Their Volunteer Home

Our volunteer program consists of community members who work together to provide leadership and governance for the hospital, Foundation and Auxiliary boards. The volunteers support our mission by serving as advocates for the work of the hospital and provide volunteer hours and gifts of support.

Our in-house volunteers provide the compassion, warm smiles and listening ears to our patients and their families. If you are interested in learning more about volunteering at TMH, please call 217–824–1677 or visit TaylorvilleMemorial.org.